

Advance Care Planning Resources

AARP Idaho When you were born, your parents spent nine months preparing for your birth. This same kind of planning should be applied at the end-of-life. Thinking and talking about your death is hard, but planning for it can help you live—and die—the way you want.

1-866-295-7284 <http://www.aarp.org/states/id/>

A Better Way Coalition, Inc. Non-profit organization dedicated to promoting compassionate care at the end of life. In-depth Web site on end-of-life issues in Idaho for family members and professionals engaged in care at the end of life. Speaker's Bureau and other resources.

<http://www.abetterwaycoalition.org/>

American Bar Association Consumer's Toolkit for Advance Health Care Planning. "Good advance planning for health care decisions is, in reality, a continuing conversation - about values, priorities, the meaning of one's life, and quality of life. To help you in this process, this tool kit contains a variety of self-help worksheets, suggestions, and resources."

<http://www.abanet.org/aging/toolkit/>

Caring Connections Caring Connections urges everyone, regardless of age, to take the opportunity to discuss end-of-life wishes with family members and put them in writing with advance directives. Caring Connections provides free information and state-specific advance directives to assist you in advance care planning.

Free Help Line: 1-800-658-8898. Free Spanish Help Line: 1-877-658-8896

<http://www.caringinfo.org/>

Five Wishes The Five Wishes document helps you express how you want to be treated if you are seriously ill and unable to speak for yourself. It looks at all of a person's needs: medical, personal, emotional and spiritual. Also available in Spanish.

Aging with Dignity. For questions or to place a Five Wishes order:

1-888-594-7437 <http://www.agingwithdignity.org/>

Hard Choices for Loving People "CPR, Artificial Feeding, Comfort Care and the Patient with a Life-Threatening Illness," by Hank Dunn. Booklets in English and Spanish.

A & A Publishers, Inc.

1-571-333-0169 <http://www.hardchoices.com/>

Idaho Health Care Association Helpful information about Idaho nursing homes and assisted living facilities and continuing education opportunities for health care providers.

1-208-343-9735 <http://www.ihca-net.org/>

Idaho Legal Aid A nonprofit Idaho law firm with offices throughout Idaho. Working to seek equal justice for the underprivileged and poor through legal representation, community outreach, and education.

1-208-345-0106 <http://www.idaholegalaid.org/Home/PublicWeb/>

Idaho Office of the Attorney General Information about Living Wills, the Idaho Natural Death Act, and POST.

1-208-334-2400 http://www2.state.id.us/ag/living_wills/index.htm/

Idaho Office of the Secretary of State Information about registering your advance directive in the Health Care Directive Registry.

1-208-332-2814 <http://www.sos.idaho.gov/>

Idaho Pain Initiative Promoting healthcare professional education, patient advocacy and public awareness regarding the problem of pain in our society.

<http://www.Idahopain.org/>

Idaho State Bar Association–Volunteer Lawyer Program A legal resource for people who cannot afford a lawyer.

1-208-334-4500 <http://www2.state.id.us/isb/>

Idaho State Hospice and Palliative Care Organization Information about hospice and end-of-life care in Idaho, including registry of member hospice organizations.

1-208-841-1862 <http://www.hospiceidaho.org/>

National Academy of Elder Law Attorneys A nonprofit association that assists lawyers, bar organizations, and others who work with older clients and their families. Special section on resources for the public.

<http://www.naela.org/>

National Elder Law Foundation Information on lawyers who can help with estate planning and advanced care/long-term care planning.

Office Hours 8:00 a.m.–4:30 p.m. Mountain Time Zone

1-520-881-1076 <http://www.nelf.org/>

University of Idaho Extension Estate Planning Series: Secure Your Future.

1-208-377-2107

http://www.extension.uidaho.edu/impacts/Pdf_08/36-08bhealy-secure.pdf/